



FLEX'N FLEXIBILTY FITNESS

PRICE LIST

PERSONAL TRAINING

INITIAL ASSESSMENT ~ \$125

½ HOUR SESSION INDIVIDUAL ~ \$30

½ HOUR SESSION COUPLE ~ \$50

1 HOUR SESSION INDIVIDUAL ~ \$50

1 HOUR SESSION COUPLE ~ \$80

YOGA

8 CLASSES ~ \$100

WALK-IN ~ \$15

COMBAT FITNESS

8 CLASSES ~ \$100

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